

Class Participation Sheet

October 12, 2019

- Is there anybody else in the world like you? _____
- List four reasons why the first question is true.

- I am _____
- I am a _____
- This year we will focus on the _____ not on _____ things.
- What is love? _____

- What love is not. _____

- Should a person ever give or withhold love to profit or manipulate? _____
- How many love languages does Dr. Gary Chapman say there are? _____
- Additional Comments _____

1. **Acceptance** is the ability to _____ value ____parts of who you are.
2. Accepting your current _____ can make you _____ in the present and lead to a better future.
3. Ignoring your current reality (especially if it's a bad one) will _____
_____.
4. To _____ your reality, it's _____ to acknowledge any role you may have played, good or bad, in getting where you are.
5. You _____ fix anything until you _____ there's a problem.
6. Work towards _____ every part of your realities-not just the things that _____ but also your _____ and _____.
7. Don't let _____ - especially _____ of what others think of you-stand in your way.
8. To face your reality, it's best to start counting all _____.
9. Don't get caught up in the _____ you think you are _____ to have, but work on _____ the reality you are meant to live.
10. _____ are a way of life, and we have to _____ to confront them.

▪ Additional Comments _____

